



Patient Financial Services News

What's Happening?

April Fools Day
April 1st



Easter
April 12th



Tax Day
April 15th



Professional Day
April 22nd



New PFS Staff

Shannon Williams
Central Scanning Dept.

Quote of the month

When things are bad, we take comfort in the thought that they could always be worse. And when they are, we find hope in the thought that things are so bad that they have to get better



Malcolm Forbes

Catch A Shining Star

MARCH

JoAnn Sherrod-Stewart
Christopher Samuels
La'Shone Stamper
Marlesa Goldberg
Janice Stenhouse
Scott Anderson
Annette Knight
Stefanie Davis
Linda Syme
Paula Darr
Janet King

Two Time Nominee
Brandy Inches

Three Time Nominees
Deana Ruby

News to Know

Donate Your Used - Yet Usable - Eyeglasses



Millions of children and adults in developing nations lack access to basic eye care services and corrective lenses. Poor vision profoundly affects their quality of life. For children, vision loss can lead to failure in school, delays in development, learning disabilities and even juvenile delinquency. For adults, uncorrected vision can lead to unemployment and the inability to support a family. Seniors with vision loss are limited in performing daily activities, depriving them of an independent lifestyle.

Lions Recycle For Sight

During the month of May, and throughout the year Lions, Leos and other volunteers collect used eyeglasses for donation to Lions Eyeglass Recycling Centers that are located around the world. The used eyeglasses are cleaned and classified by prescription. Trained Lions volunteers and other organizations hosting optical missions in developing countries then distribute the glasses to those in need.

How You Can Help

If you have used **prescription or nonprescription** glasses or sunglasses in your drawers, desks, or closets, you can donate them now! Children's glasses are especially needed. Both plastic and metal frames are accepted. On the Bayview Campus, glasses can be dropped off –anytime of the year - in the Wilmer Clinic or in the main lobby of BMO.

HR Corner

Service Excellence Shining Star Program

The recently changed Shining Star program is in full swing and we have received many forms of recognition for PFS employees. Thank you!

A reminder for PFS employees at Alpha Commons:

Please fill out one of the Shining Star forms and place both copies of the form in any of the suggestion boxes or in JoAnn Pelham's Inbox. We will document the recognition and then ensure the Shining Star is forwarded to the recognized employee's manager for presentation to the employee.

A reminder for PFS employees in other locations:

Please fill out one of the Shining Star forms and forward to the employee's manager/supervisor. The employee's manager/supervisor will fax a copy of the form to JoAnn Pelham for documentation. The recognized employee's manager will then present the employee with the Shining Star.

Five = Prize

After you have received 5 Shining Stars, you are eligible for a prize! Simply bring your 5 Shining Stars to your manager and working with JoAnn Pelham, they will start the process for your prize! Congratulations to Deana Ruby who was our first PFS Employee to achieve 5 Shining Stars since the new program began!!

Birthdays

De'Shani Jones	4/6
Linda Guy	4/7
Audrey Bell	4/8
Joyce Yankovich	4/10
Towanda Evans	4/15
Amy Bednar	4/16
Eva Hecner	4/18
Barbara Matthews	4/23
Mary Ann Kalin	4/23
Charles Neal	4/24
Meleka Kaka	4/26
Angela Hoban	4/28

Easter Word Search



BRZEASTERFBD
AIUNBCAVODSY
SGYCHOCOLATE
KERANLAGLSRB
EGGMXONFBKOU
THUNTRDIYDBE
OLBUNNYTFUNA

BASKET
BUNNY
CANDY
CHOCOLATE
COLOR
EASTER
EGG
FUN
HUNT
ROLL
DYE

PFS Website Information

The web address is:
<http://finance.jhmi.edu/FinancePFS/pfsMain.html>, you can find the following information.
~ Johns Hopkins Medicine Mission
~ Training and Development
~ Policies and Procedures
~ Department Phone Listing
~ Newsletters
~ Link to other JHHS sites
~ Finance Dept Vision Statement

Got News?

If you would like to contribute news or information send it to Pat Degenkold @ pdegenk1@jhmi.edu. The deadline is the 20th of the month proceeding the publication month. Submissions may be edited due to space limitations.

Staff News



Brand-new baby



Carlos Torres of Customer Service is the proud new father of an 8lb 11oz baby boy named Jayden Shawn Torres. Jayden was born 03/08/09. He weighed 8lbs 11oz and is 20 inches long. Mother and baby are doing fine.

Stephanie Schlosser of Customer Service is the proud mother of Olivia who was born on 03/22/09. Olivia weighed 6lbs. 6ozs. and is 19.5 inches long.

Tracey Cyr (works for Pat Applegate) is the proud mother of Megan Michelle, born April 1st. Megan weighed 9 lbs. 2 ozs. And is 21 3/4 inches long.



Congratulations to Audrey Bell for outstanding academic performance at Strayer University. She has been admitted to the National Society of Collegiate Scholars. (NSCS) is an honor society with high achieving first and second year undergraduates from 233 colleges across the country.

Guest Columnist

Get Healthy

Spring time is officially here, time to dust off the running shoes, skates, etc. to get in shape for the summer. A healthy diet is one that helps maintain or improve health. A healthy diet also involves consuming appropriate amounts of **all the food groups**, including an adequate amount of water. A healthy water intake is 8 – 32 ozs. of water per day. (Diet nutrition and prevention of chronic diseases - Wikipedia 2005)

Here are a few recommendations :

- 1) Achieve an energy balance and a healthy weight
- 2) Limit energy intake from fats and shift fat consumption away from saturated fats to unsaturated fats and towards elimination of trans-fatty acids.
- 3) Increase consumption of fruits, vegetables, legumes, whole grains and nuts.
- 4) Limit the intake of simple sugar.
- 5) Limit salt/sodium consumption from all sources and ensure that salt is iodized.

http://en.wikipedia.org/wiki/healthy_diet

DiETING is a basic, simple remedy. You can eat anything if you limit what you put on it, how you cook it, and the quantity you eat. **Exercise, Exercise, Exercise** is a must....and the key to healthy dieting and losing weight.

-Lydia Tanksley